

HIGHER GROUND

Choreographed by Amy Christian-Sohn (August 2011)

2 Wall, 72 Count, Improver Line Dance.

Music: Higher Ground by UB40.

Intro: Start when Drums Start. (Right after the lyrics "Higher Ground". Approximately at 0.24secs.)

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R SIDE MAMBO, L SIDE MAMBO, ROCK, RECOVER, TRIPLE ½,

1&2 Step R to right side, Recover on L, Step R next to L,

3&4 Step L to left side, Recover on R, Step L to next to R,

5-6 Rock forward on R, Recover on L,

7&8 Triple ½ turning right, R,L,R, (6:00),

L SIDE MAMBO, R SIDE MAMBO, ROCK, RECOVER, ¼ SIDE SHUFFLE,

1&2 Step L to left side, Recover on R, Step L next to R,

3&4 Step R to right side, Recover on L, Step R next to L,

5-6 Rock forward on L, Recover on R,

7&8 ¼ Turn left, shuffle to left side, (9:00),

WEAVE LEFT,

1-4 Step R across L, Step L to left side, Step R behind L, Step L to left side,

Repeat the above 20 counts again, which is,....

R SIDE MAMBO, L SIDE MAMBO, ROCK, RECOVER, TRIPLE ½,

L SIDE MAMBO, R SIDE MAMBO, ROCK, RECOVER, ¼ SIDE SHUFFLE,

WEAVE LEFT,

STEP BUMP & BUMP, STEP BUMP & BUMP, ROCK, RECOVER, ¼ SIDE SHUFFLE,

1&2 Step R forward and Double Bump,

3&4 Step L forward and Double Bump,

5-6 Rock forward on R, Recover on L,

7&8 ¼ Turn right, Side Shuffle, (9:00),

CROSS ROCK SIDE, CROSS ROCK SIDE, STEP, PIVOT ½, STEP PIVOT ½,

1&2 Rock L over R, Recover on R, Step L to left side,

3&4 Rock R over L, Recover on L, Step R to right side,

5-6 Step forward on L, Pivot ½ turn right on R, (3:00),

7-8 Step forward on L, Pivot ½ turn right on R, (9:00), (Option – do a Rocking Chair on counts 5-8)

KICKBALL STEP, KICKBALL STEP, DOUBLE BUMP, HIP ROLL,

1&2 Kick L forward, Step on ball of L, Step forward on R, (moving forward),

3&4 Kick L forward, Step on ball of L, Step forward on R, (moving forward),

5&6 Step L to left side as you bump left, twice,

7-8 Roll hips counter clockwise, weight ending on L,

TRIPLE FWD, TRIPLE FWD, 1/8 HIP ROLLS,

1&2 Triple forward, R,L,R,

3&4 Triple forward, L,R,L,

5-6 1/8 pivot turning left, R, L,(4:00),

7-8 1/8 pivot, turning left, R,L, (6:00),

Begin again!!!