

THE PARADE – Line Dance

Choreographed by Amy Christian (August 2014)

Level: Improver.

This dance is choreographed for dancers to be part of a parade, as the dance has you moving forward.

You could do it at run/walk marathons too!

This dance can be used as a Circle dance in class.

Music: Any piece of music. Or even without any music and using just counts!!

Email: amy@linefusiondance.com Website: www.linefusiondance.com

First set of 8 – This first set of 8 below is repeated after every other new 8.

WALK, WALK, SHUFFLE FWD, WALK, WALK, SHUFFLE FWD (I am calling this set of 8,... **THE BASIC**)

Followed by,.....

- 1) ROCKING CHAIR, STEP FWD, ½ PIVOT, STEP FWD, ½ PIVOT,
THE BASIC,
- 2) KICKBALL CHANGE (moving fwd) X 2, STEP R OUT AND DOUBLE BUMP R, DOUBLE BUMP L,
THE BASIC,
- 3) ROCK FWD, RECOVER, BACK SHUFFLE, ROCK BACK, RECOVER, FWD SHUFFLE,
THE BASIC,
- 4) STEP R TO R SIDE, PIVOT ¼ L (9:00), SHUFFLE FWD, STEP L FWD, PIVOT ¼ R (12:00), SHUFFLE FWD,
THE BASIC,
- 5) SAMBA (moving forward) X 4, (Easier option - Step Fwd, Touch Out - snapping fingers, X 4),
THE BASIC,
- 6) PRESS R, SLIDE L BACK, PRESS L, SLIDE R BACK X 2, (This is done on the spot & so you don't move
forward)
THE BASIC, or Step R to R side, Touch L next to R, Step L to L side, Touch R next to L, X 2.
- 7) JAZZ BOX, OUT, OUT, IN, IN,
THE BASIC,
- 8) STEP R OUT TO R SIDE & do a 1 ½ CCW HIP ROLL, weight ending on L (1-4), - TOUCH R NEXT TO L &
STRIKE A POSE (L arm straight up and R arm out to right side) (5) & HOLD(FREEZE) FOR 3 COUNTS (6-8).

Begin again!!!!

Add fun arm parts where ever you can to make the dance "Pop"!

*If you need to turn around and make a ½ turn – add two ¼ Monterey Turn steps at the end of the sequence or when you need it and begin again!

~~~~~